

## Recent Books from Kenya – July 2022

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### **Biography/Memoirs**

Pioneer Senator : The Life and Times of Gerald Nathaniel Kalya / Godfrey K. Sang & Wilson Kalya

Eldoret: Posterity Publishers Limited, 2021

200p.

Includes Index

9789966117090

\$ 50.00 / PB

362gm.

<http://www.marymartin.com/web?pid=824651>

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Through the Wilderness of Life : The Duke of Emali / Richard Kioko Kiundi

Nairobi: Afritell Publishers, 2021

208p.

978966734464

\$ 65.00 / PB

540gm.

I have always been a story teller, milking out any mundane story for whatever it is worth. Writing this book gives me an opportunity to write my own history while at the same time challenging my contemporaries to do likewise.

I have tried to give some personal background including my historical roots, from childhood right through to the present, to enable the reader get a good idea of the kind of person that I am.

While I have lived a fairly ordinary life, I have had some critical junctures that have greatly influenced my life's trajectory. Having been born the eighth child in a family of achievers, I had little choice but to try and emulate the high standards set.

<http://www.marymartin.com/web?pid=824652>

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Scars Of A Nation : Survivor of Kiambaa Church Massacre and the Elusive Justice /  
Peter Mbutia

Meadville, PA, USA: Christian Faith Publishing, Inc., 2020

282p.

9781643498966

\$ 50.00 / PB

414gm.

On December 30, 2007, declaration of highly disputed presidential election results triggered widespread violence across Kenya. The height of the violence was on January 1, 2008 when attackers who were unleashing murderers' violence on supporters of the presidential candidate who had just been declared winner meticulously planned and torched down Kenya Assemblies of God church full of women, children, and old people who had sought refuge there after learning of an imminent attack on Kiambaa Village in Eldoret Kenya. Seventeen people, mostly women and children, were burnt alive inside the church, and more than eighteen other people were shot with arrows, hacked with machete, and killed outside the church. Anthony Njoroge Mbutia, who was then ten years old, survived the church fire but with very severe burns. He was treated in Kenya for one year and then referred to Shriners Hospital for children in Sacramento, California, USA, for reconstructive surgery. The international community led by the UN, USA, and the African Union quickly intervened to stop the murderers' violence that was becoming genocide, and thereafter mediation efforts between the combatants gave rise to a government of national unity that incorporated all political stakeholders.

Investigations into the violence revealed that crimes against humanity were committed by well-organized and properly financed tribal militias. Several people, among them two who would later become president and deputy president, were indicted by the international criminal court that seats in The Hague, Netherlands. While Anthony was recuperating at the hospital and while he was suffering acute pain, he asked, "Dad . . . why did they burn the church? I thought the church is a sacred place?" I had no simple answer. Scars of a Nation is a story that gives a witness narration of what transpired during and after the violence efforts to obtain justice for Anthony and all other survivors and victims of the violence, while at the same time answering Anthony's question, "Dad . . . why did they burn the church?" which is actually the real motivation behind the writing of this book.

<http://www.marymartin.com/web?pid=824653>

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It's A She : A Tale of Life, Loss and Love / Magdalene Matthews (Ed) Susan Mbogoh  
Nairobi: House of Wealth Publishers, 2021

260p.

9789914708356

\$ 40.00 / PB

302gm.

Born in the womb of Mama Liberia, "IT'S A SHE" traverses geographical boundaries gripping the reader's mind, and emotions taking you through a journey of power, loss, determination, failure, and the author's favorite words persistence and resilience.

<http://www.marymartin.com/web?pid=824654>

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Blind Justice : The True Story of an Innocent Man Sentenced to Hang, and His  
Untiring Quest for Justice / Haron Thomas Nyandoro

Nairobi: Global Africa Corporation Ltd, 2013

xxiv, 192p.

9789966735925

\$ 35.00 / PB

246gm.

In this true story where a rich and influential magistrate tries to buy a piece of land from Haron Thomas' father. Haron stops the transaction as he believes the land should remain with the family. His valiant action triggers unfathomable enmity. Unbeknown to Haron the magistrate lays numerous traps to capture and kill him believing that if Haron was out of the way his father would easily part with the land. All the traps fail, except one. Haron is finally captured but before he can be killed a crowd coming from a funeral vigil save him from death and he is handed over to the police.

The rest is a poignant story about a failed criminal justice system, a cruel prison system, the heroic suffering and stoic faith of a mother and the unyielding quest for justice by an innocent man.

This book is a testimony of faith that overcomes unimaginable odds.

<http://www.marymartin.com/web?pid=824655>

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Juakali MBA : My Journey From Medicine to Business / Dr. Torooti Mwirigi

Nairobi: CLC Kenya Authors Collaboration, 2021

viii, 76p.

9789914990331

\$ 25.00 / PB  
118gm.

In this motivational-memoir hybrid, Dr. Mwirigi Torooti invites the reader to a journey of knowing self as a foundation to success in life, business, and formal employment. He will take you through a journey of his success, which he attributes to his parents' work in "Jua Kali" - a term Kenyans use to denote informal sector employment.

Following a series of obstacles, challenges and setbacks, he beckons you to embrace the lessons taught by life and use them as stepping stones to get to your next level. By reflecting on the patterns of life, you will also discover the path to purpose (for the beginners) or be encouraged to continue in it (for those already started). It's a curvy and bumpy life, learn how to get a grip of it in both the up and down seasons and be fulfilled! Because failure is never final until you stop learning and trying again

<http://www.marymartin.com/web?pid=824656>

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The Experience : From Customer to Ambassador / Wale Akinyemi

Kenya: Street Publishing, 2022

178p.

9789966167910

\$ 32.00 / PB.

210gm.

In a world where competition is rife and global, more companies are discovering that most cost efficient and effective growth tool is the customer experience. They have also learnt that the experience is not an event. Its a system and this book is about setting up those systems

<http://www.marymartin.com/web?pid=824657>

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A Perfect Score : Memoirs of a Teacher / Clifford Chianga Oluoch

Nairobi: Odiyo Foundation, 2021

204p.

9789914406139

\$ 40.00 / PB

238gm.

Read the journey of teacher / philanthropist Clifford Oluoch as he narrates his 30 plus years experience in education and charity work.

10 delightful stories intertwined with 9 short vignettes completes this emotional journey

<http://www.marymartin.com/web?pid=824658>

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Wired Weird : The Journey to Discovering God's Cues, Clues and Calling in My Story  
/ Wairimu Kanyi

Nairobi: Wairimu Kanyi, 2022

xiv, 198p.

9789914405620

\$ 30.00 / PB

226gm.

It is surreal to sit and start putting the story of your life on paper. It makes you reflect, breaks you, offers mental shifts or aha moments and most of all helps you identify the previous-ness of God all through. You sift through the many precious lessons, achievements, happy & hurtful memories and choices that had lasting impact and those that have had none at all.

Mainly you appreciate how each God orchestrated moment is not just for one person's destiny but is attached to that of others. This book is written to allow you to paint the story of who you really are and discover the true journey of what I am calling your weird wiring. Wired Weird is about my life and how I discovered God's Cue's, Clue's & Calling in my story. I don't know your story but I believe you will find pointers in this book that will allow you to journey through your own life story. You will appreciate your past, present and how that has already shaped and prepared you for the future.

<http://www.marymartin.com/web?pid=824659>

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A Journey to Behold / Alexiah Mami Mdindi (Ed) Joyce Njuguna

Nairobi: Alexiah Mami Mdindi, 2020

x, 142p.

9789914705751

\$ 25.00 / PB

196gm.

The book is about the magical memories of growing up in the 1970's, 1980's and 90's. The fun, joy, fears and uncertainties we had as children in the dotting hills of Taita- Taveta County , Kenya. It is about the way a generation grew up compared to the current generation which is full of explosion in technology ( the Dot.com

generation). The book brings about fond memories like the rain, childhood games and activities, birth, naming, schooling, weddings, sickness and death and how we overcame such. It is all about the sweet old memories. It is a must read for adventure lovers. All are encouraged to read. It will definitely brighten your day.

<http://www.marymartin.com/web?pid=824660>

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Despite Everything : A Memoir on Family, Resilience and the PhD Journey / Diana Wangeshi Wambua

Nairobi: Writers Guild Kenya, 2022

128p.

9789914408584

\$ 30.00 / PB

166gm.

As a mother of three, a wife, and a career woman, pursuing a PhD initially seemed like the hardest thing to do. In this book, Diana delves into her emotional yet fulfilling journey to attaining her PhD on government scholarship in Hungary. She details the pains and joys of leaving her young family in Kenya to focus on her studies abroad.

Her experiences highlight the struggles women go through to realize their professional dreams amidst the busy and complex world. What would we need to create a supportive world for women to help them achieve their professional goals in the face of the demands of family? This book endeavors to shed light on what a supportive world for women can look like and how everyone can be involved. From Diana's experiences, you are guaranteed to find a balance and join the movement to create a world that facilitates women to achieve their dreams, Despite Everything!

<http://www.marymartin.com/web?pid=824661>

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Time and Chance : A Story of a Nairobi Bomb Blast Survivor / Charles Ndibui (Eds) Samwel Nyakeri & Verah Omwocha-Dinda

Nairobi: Writers Guild Kenya, 2021

130p.

9781911223139

\$ 30.00 / PB

174gm.

Time and Chance is an inspiring story about Charles Ndibui, a pioneer Kenyan accountant who worked at the American Embassy for 41 years, from 1975 to 2016.

Over the course of the eight chapters of this book, Charles takes us through the highs and lows of his life, including how he managed to survive the 1998 terrorist Bomb Blast relatively unscathed and his miraculous escape from death following a grisly road accident in 1993. The book leaves us pondering as to whether those close shaves with death were miracles or simply stokes of good luck on his part.  
<http://www.marymartin.com/web?pid=824662>

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The Chronicles of a Village Surgeon : True Stories of Passion and Compassion /  
Aruyaru Stanley Mwenda

Nairobi: Zion Pearl Publishers, 2021

xii, 198p.

9789914986075

\$ 38.00 / PB

236gm.

The Chronicles of a Village Surgeon is a masterfully written book, easy to read and spiced with humour. The book captures accounts of the clinical experiences of a dedicated surgeon working in the remote towns of Kenya.

Pulsating with passion and hear moving stories of patients experience to health challenges and health systems attempt to help, the book paints a picture of how things work and sometimes fail to work at the time patients are on the nick of need. Literally, through the pages, the author shows us how the society looks through the lenses of a surgeon; from domestic and gender based violence to belief in curses and alternative medicine; from doing everything to save a patient's life to respecting a patient's autonomy even when it puts their life in danger. Besides, we get to see what it takes to become a surgeon and how it feels to offer medical care in resource-restrained settings of Kenya.

Strange as some of the stories shared here may sound, none of them is. The society we live in and serve is full of people whose experiences and perspectives may sound far-fetched but they are all here with us.

The book is a compilation of stories that cover Twenty Eight critical themes, useful for both common reader as well clinical practitioners seeking to learn and appreciate the dynamics of health care.

<http://www.marymartin.com/web?pid=824663>

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The Rise of a Hustler : From Chicken Seller to Presidency / Babior Newton

Seme, Kisumu: Babior Newton, 2022

608p.

Includes Index

9789914748178  
\$ 60.00 / PB  
624gm.

William Ruto is a political juggernaut and renegade whose meteoric rise from a humble background to a front runner in Kenya's presidential election is unprecedented.

His belief is that Kenya's urgent challenge is the economic inclusion of the subalterns, which supersede ethnic based political mobilization. This has led him to champion a political ideology that has galvanized the nation.

This biography captures his humble beginnings in Kamagut, Eldoret, where he was born, through his hustle as a chicken seller and later to national prominence.

<http://www.marymartin.com/web?pid=824664>

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Oops Zippy! : The Diary of a Divorced Woman (Based on a True Life Story) / Zippora Agatha Okoth

Nairobi: Zippora Okoth, Legacy Arts and Film Lab, 2019

158p.

9789966826862

\$ 20.00 / PB

132gm.

OOPS ZIPPY: The Diary of a Divorced Woman, is an account of the life of Zippy, a 25 year old performing artist, who falls in love with a young military man. It narrates their romantic love life that ended in an abusive marriage full of infidelity, physical abuse and finally trauma, following the loss of their son. After repeated physical and emotional abuse, Zippy walks out on the marriage when her husband beats her in the public glare of strangers.

She leaves the home they had built together and starts rebuilding her life from scratch. We see her struggles through separation and their attempts to reconcile, to conform to socio cultural stigma. We experience her journey through depression and her turning points. We feel her struggle through the divorce process and ultimately finding her strength to move on. The book gives very clear accounts of her life, with pain, bitterness and humour all intertwined. She narrates in a way that few would reveal of their personal lives and it is this openness that makes the book worth reading. It is therapy for the woman, and empowerment for the man. This book is about love, fear, stigma, loss, determination and the fight for survival. The book can pass for a fictitious story for those who do not know her, or it would be the



longest monologue. This enchantment is presented as a narration that leaves the reader wonder if you really know Zippy.

<http://www.marymartin.com/web?pid=824665>

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## **Economics**

Miracle Plant : How Industrial Hemp Can Heal, Feed, Clothe, House, Employ Kenyans and the World / Gatheru Karanja

Kenya: Gatheru Karanja, 2021

86p.

Includes Bibliography

9789914404296

\$ 35.00 / PB

170gm.

MIRACLE PLANT is a book about the Industrial Hemp plant with a kenyan perspective on how it can benefit the economy of Kenya. The Industrial Hemp has for long been associated with Marijuana but the two are not the same. Industrial Hemp is a plant rooted in the judeo christianity scriptures, has immense environmental benefits and can be used to manufacture a wide range of products such as Nutraceutical Feeds & Oils, Cosmetics, Biodegradable plastics, Textiles & Fabrics, Paper products and Affordable Housing building blocks.

<http://www.marymartin.com/web?pid=824666>

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## **History**

Amandla : Born of the First Congo War / Antonio Longangi

Nairobi: Witness (Longangii), 2022

260p.

9789914747294

\$ 50.00 / PB

374gm.

"Amandla: Born of the First Congo War" is a journey through the 1996-1997 Congo war as experienced by a young Congolese at an early stage of his childhood. The tale depicts a story of naïve adventure covered in childhood bliss and leading to a first-time encounter with a world of violence and armed conflict.

It also paints the birth of a humanitarian and a proud global citizen, an advocate for peace and humanism: proof that chaos carries the seed of order. It is a story of

millions of others, like the author, who are trying to serve humanity despite their tragic pasts.

<http://www.marymartin.com/web?pid=824667>

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From the Cradle to the Cradle : A Journey of African Culture, Story of the Luo Nation / Tony Olang

Nairobi: House of Wealth Publishers, 2022

366p.

9789914998146

\$ 70.00 / PB

492gm.

In the beginning, God created the heavens and the earth. Oloo and Aloo were guided to go forth and fill the earth, giving rise to our diversity as brother and sisters in the world today. Many generations later, Jo Luwo rech, better known as the people who follow fish found themselves at Nam Lolwe-Lake Victoria, as the source of this abundant supply. This book traces the historical journey of the Luo from the garden of Eden to the land of Kush and describes the life of a member of the community from birth to rebirth in the circle of life. Inspired by stories from the Author's grandmother, it is a representation of her answers to his many questions on the ways of his forefathers and enables the descendants of Kush to understand how they found themselves where they are and the ancestors they have in common with the Dinka, Maasai, Kalenjin, Samburu and Turkana

<http://www.marymartin.com/web?pid=824668>

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Kenya : The Failed Quest for Electoral Justice / John Onyando

Nairobi: Free Press Publishers Limited, 2018.

365p.

9789966114389

\$ 55.00 / PB

398gm.

<http://www.marymartin.com/web?pid=824669>

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## **Literature**

Black Coffee, Steamy Nights, Vol. 1 : The Poetry of Eudiah Kamonjo / Eudiah Kamonjo; (Ed) Alex Nderitu; (Illustrator) Thufu B

Kenya: Daily Muse Consulting, 2022

82p.  
9789914741063  
\$ 35.00 / PB  
174gm.

Black Coffee & Steamy Nights is a poetry collection that is bound to either touch a nerve or take you on a rompy adventure.

The collection is in full colour with beautiful artwork by Thufu B.

<http://www.marymartin.com/web?pid=824670>

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Heart Whispers : Poems from the Heart and Soul / Brenda S. Wanjira (Ed) Alex Nderitu

Kenya: Brenda S. Wanjira, 2022

72p.  
9789914409697  
\$ 25.00 / PB  
164gm.

“If music be the food of love, play on,” William Shakepeare famously wrote. In this tantalizing poetry debut, Brenda S. Wanjira heeds The Bard’s advice by playing a symphony of love songs using the written word.

Heart Whispers is a collection of poems drawn the lived life, rather than fantasy. Utilizing an economy of words and packed with emotion, these verses will strike a chord with people from all walks of life.

Heart Whispers is an expression of inner thoughts, intimate feelings and raging desires that are rarely expressed loudly. It is music for the heart.

<http://www.marymartin.com/web?pid=824671>

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Her Escapades / Najma Swaleh (Ed) Zeynab Bona Hassan (Illustrator) Stom Wabuko

Kenya: Najma Swaleh

56p.  
9789966180629  
\$ 15.00/ PB  
76gm.

**HER ESCAPADES** is a collection of raw emotions, heartfelt poems that are inspired by the authors experience. The book is divided into two chapters that covers a wide variety of topics such as mental health, friendship, orphaned, war, family among others. Each and every word in this poems are captured from her heart.

<http://www.marymartin.com/web?pid=824672>

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A Curve of Darkness : A Collection of Poems / Munira Hussein

Nairobi: Writers Guild Kenya, 2019

128p.

9789966130457

\$ 28.00/ PB

158gm.

This collection of poems is assorted emotions that have been refined and brewed. The words have been carefully selected and plucked from an ocean of variety, customized to the needs of humanity and served to you flavored.

<http://www.marymartin.com/web?pid=824673>

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Dear Daughter and Other Poems / Sarah Thumbi

Bungoma: InterCEN Books, 2020

xvi, 62p.

9789914985740

\$ 15.00 / PB

108gm.

This collection of poems is “unputdownable”. The poems herein weigh in on numerous topical issues whose themes defy generational boundaries and cut across many historical epochs.

Dear Daughter AND OTHER POEMS encompasses many human-interest areas including matters of the world of love whether requited or unrequited. Perhaps of greatest interest to any reader are poems that tackle religion, education, and parenting. In more ways than one, this is a volume of artwork crafted to inform, educate, and inspire critical thinking.

<http://www.marymartin.com/web?pid=824674>

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Unafraid To Want You / Oreu Leunoto

Mombasa: Magnolia Media House, 2022

95p.

9789914749168

\$ 30.00 / PB

138gm.

A collection of poems celebrating falling in love and the growing bond between two people.

Its a tapestry of poems that speaks to the bittersweet feeling of having your heart ensnared, trusting in the fated faith to say yes, and hoping that your beloved will in return, accept to melt into you.

<http://www.marymartin.com/web?pid=824675>

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Dichol and Other Poems / Evelyne Ongogo; (Foreword) Chris Wanjala

Nairobi: Oba Kunta Octopus, 2019

140p.

9789966131898 ; 9781545356937

\$ 25.00 / PB

190gm.

The thirty-eight vigorous contemporary East African narrative poems contained in this collection are diamonds in the rough that also herald a guess for the future for the future of African orature in tradition of the song style pioneered by Okot p'Bitek in the 60s.

<http://www.marymartin.com/web?pid=824676>

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The Moon is Made of Green Cheese (and Other Poems) / Alexander Nderitu

Kenya: Alexander Nderitu, 2021

84p.

9789914401448

\$ 20.00 / PB

124gm.

From a writer who was born on William Shakespeare's birthday comes this delightful collection of poems crafted over several years.

'The Moon is Made of Green Cheese' is a literary safari that will take you from the world's beaches to the depths of the cosmos, from human relationships to the feeding habits of crocodiles, from philosophical thoughts to love in the time of malaria...

Like a pot of East Africa pilau, there's something here for everyone, and if this critically acclaimed collection doesn't become an international literary hit, then the world is upside down and the moon is made of green cheese!

<http://www.marymartin.com/web?pid=824677>

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Raindrops and Roses : Poems / Patrick Lavince

Kisumu: NIB Point Publishers, 2022

vi, 278p.

9789914748918

\$ 36.00 / PB

312gm.

This is a collection of 140 full-length poems with poetic quotes and short poems as interludes, set in the deepest and darkest core of life but illuminated for the soul.

The book is a reflection of the mind, a mirror of hope, where thoughts crack the skull and heart strikes the chords to give life the sweetest melody.

It's a river that flows downstream and is full of memories, a stream of courage, a spring of love, a chandelier of nocturnal adventures and an academy of words. It's a three in one anthology of poems that touches on the themes of Vitae (Life), Amorem (Love) and Luci (Light/hope).

<http://www.marymartin.com/web?pid=824678>

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If My Bones Could Speak / Eunniah Mbabazi

Kenya: Eunniah Mbabazi, 2020

168p.

9789966139030

\$ 28.00 / PB

174gm.

In the name of my mother, My grandmothers, Their mothers, Their co-wives;

Whose dreams were watered down for the sake of children,

Whose tongues were cut, So their voices died in their throats; Whose wounds were hidden, So we could know what bravery is.

<http://www.marymartin.com/web?pid=824679>

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A Flame of Passion and Other Poems : Collection of Poetry / Titus Muruthii wa Muturi

Kenya: African Ink Publishers, 2022

x, 154p.

9789914705508

\$ 20.00 / PB

164gm.

A Flame Of Passion and Other Poems' have a thrilling conversation with each other on various contemporary issues of life and nature, which evokes different emotional

dispositions while immersing the reader in a thrilling literally voyage of how human emancipatory spirit stubbornness lucidly emerges in every other time humane aspects are threatened in various ways:

Human will to fight and protect humane psyche from adversaries whether surreal or real while appreciating the beauty of life and nature. The common thread running through the poems is passion: stoking the flame of struggle, awe and thrill of every situation of experience and nature humans find themselves in.

<http://www.marymartin.com/web?pid=824680>

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The Talking of Trees : A Stage Play / Alexander Nderitu

Nairobi: Alexander Nderitu, 2021

192p.

9789914404203

\$ 20.00 / PB

242gm.

This stage play script covers the life, death and legacy of Prof. Wangari Maathai in unsurpassed technicolour. Steeped in research and injected with a heavy dose of imagination (and a double dose of humour), THE TALKING OF TREES will make you laugh, cry, and cheer.

A biographical note on the Nobel Prize's official website, [www.nobelprize.org](http://www.nobelprize.org), captures the essence of Prof. Maathai:

“Wangari Maathai was the first African woman to receive the Nobel Peace Prize. She was also the first female scholar from East and Central Africa to take a doctorate (in biology), and the first female professor ever in her home country of Kenya... Maathai played an active part in the struggle for democracy in Kenya, and belonged to the opposition to Daniel arap Moi's regime. In 1977 she started a grass-roots movement aimed at countering the deforestation that was threatening the means of subsistence of the agricultural population. The campaign encouraged women to plant trees in their local environments and to think ecologically. The so-called Green Belt Movement spread to other African countries, and contributed to the planting of over thirty million trees...”

<http://www.marymartin.com/web?pid=824681>

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Flashes of Vice, Volume 1 : Collection of Flash Fiction Stories / Vince De Paul

Nakuru: Mystery Publishers (K) Ltd., 2017

100p.

9781490332505

\$ 12.00 / PB

142gm.

Flashes of Vice: Vol I is a collection of flash fiction stories, the first in a series of flash stories first published on Flashes of Vice, the author's blog published within a duration of one year. The book touches on the vices affecting the society today: immorality, crime (kidnapping), payment of ransom, careless sexual relationships, murder, assassination, terrorism, etc.

<http://www.marymartin.com/web?pid=824682>

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Flashes of Vice, Volume II : Collection of Flash Fiction Stories / Vince De Paul  
Nakuru: Mystery Publishers (K) Ltd., 2017

134p.

9781503277717

\$ 15.00 / PB

176gm.

Life on the fast lane; sex, money and crime – the holy trinity of life. Terrorists and their virgins; love, romance and marriage chastised. Flashes of Vice tells life as it is in short, punchy, thrilling stories. The switch is flipped on and off before you know what is happening, leave you wanting more and more – something you will never get. Flashes of Vice: Vol II is the second book in the Flashes of Vice series. It is a collection of flash fiction stories touching on the vices affecting the society today: the holy trinity of life – money, sex & crime; terrorism and relationships.

<http://www.marymartin.com/web?pid=824683>

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Flashes of Vice, Volume III : Collection of Flash Fiction Stories / Vince De Paul  
Nakuru: Mystery Publishers (K) Ltd., 2017

160p.

9789966100061

\$ 15.00 / PB

218gm.

*Flashes of Vice: Vol III* depicts society's ills through flash fiction stories: terrorism, sexual relations, conspiracies, why aliens have beef with humans and the scars of war.

The stories begin and end without warning: like 'Allah's Open Letter to Terrorists' or the story of the virgin girl who vowed never to have sex with terrorists in heaven. Or the serial killer military widow who kills her dead husband's friends for revenge. Or the untold story of Jesus's resurrection in 'How Did the Dead Escape?'



<http://www.marymartin.com/web?pid=824684>

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Highland Cactus : A Short Story Collection / Munira Hussein

Kenya: Munira Hussein, 2021

110p.

9789914406887

\$ 30.00 / PB

142gm.

A collection of short stories infused with poetry.

<http://www.marymartin.com/web?pid=824685>

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Fresh Paint, Volume 1 : Literary Vignettes by Kenyan Woman / (Eds) Dr. Tom Odhiambo & Nyamogo

Nairobi: Goethe-Institute Kenya (Contact Zones NRB), 2011

120p.

9789966155306

\$ 25.00/ PB

210gm.

This anthology of poems and short stories is the culmination of a joint literary project by Amka - Space for Women's Creativity - and the Goethe-Institut Kenya. It is the first collection of writings presented by the young writers, discussed during more than 30 literature forums, that take place every last Saturday of the month.

<http://www.marymartin.com/web?pid=159681>

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Fresh Paint, Volume 2 : Telling Our Stories in 21<sup>st</sup> Century / (Eds) Dr. Tom Odhiambo & Nyamogo

Nairobi: Goethe-Institute Kenya (Contact Zones NRB), 2015

76p.

9789966071156

\$ 25.00 / PB

138gm.

This is the sequel of the first anthology of literary vignettes by Kenyan women under the same title that was published in 2011. The volume is a collection of short stories and poems by 21 young women writers, most of whom have regularly attended the Literature Forum at the Goethe-Institut for the past six years. The texts have been presented for discussion in various sessions of the Literature Forum, critiqued by the participants and re-written by the authors before finally being

presented to the editorial team to be considered for publication. The quality of the work is a clear testimony to the progress made by the budding writers. The Literature Forum is convened every last Saturday of the month at the Goethe-Institut and is open to both women and men.

<http://www.marymartin.com/web?pid=824686>

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Breaking Down / Eunniah Mbabazi

Kenya: Eunniah Mbabazi, 2019

xiv, 160p.

9789966130914

\$ 20.00 / PB

226gm.

Breaking Down is a collection of short stories, based on the very delicate themes that society never wants to bring to light. Themes including but not limited to rape, mental illness, emotional trauma, families and marriage, toxicity in relationships and self identity.

<http://www.marymartin.com/web?pid=824687>

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Premium Tears : A Novel / Collins Sakwah Ongoma

Nairobi: Collins Sakwah Ongoma, 2020

414p.

9789914702422

\$ 35.00 / PB

654gm.

While in Canada, safari websites and youtube channels sold to Zuri an image of a utopian Kenya, a land of hospitable people, natural beauty, and world wonders. Upon arrival, however, she learns that Kenya is a far cry from what she expected.

Unbeknown to her when she falls in love with Aiden, the poorest student in the university was that her father betrothed her to the son of his business partner as part of his business agreement.

When she is forced to choose between saving her father's shares in a multi-million real estate company and the man she loves, she chooses to follow her heart. Her quest for love leads her into making discoveries within her father's real estate company that threaten her life and those of her loved ones.

<http://www.marymartin.com/web?pid=824688>

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Ten Thousand Rocks / Ndirangu Githaiga

Kenya: Ndirangu Githaiga, 2021  
vi, 260p.  
9781735041728  
\$ 40.00 / PB  
270gm.

Will's abrupt decision to leave his medical practice in Atlanta and take up a new job in Virginia Beach catches Laura by surprise. But moving back to their hometown was always going to be complicated since Will never told his family about their eight-year marriage. Still fresh in their minds is the stinging memory of Laura's disastrous first meeting with his parents, particularly his mother—for whom a white daughter-in-law is an anathema.

As Will settles into the tedious routine of his new job, the simmering estrangement between him and Laura gradually deepens, until the day comes when he is involved in a near-fatal car accident. Laura is left reeling in the aftermath and forced to come face to face with her in-laws at the hospital, when complex medical decisions need to be made in the absence of clear-cut answers, and where strong opinions and poorly disguised animosities seem to have the upper hand.

Weeks later, Will emerges from a coma, and upon discovering he is quadriplegic becomes uncharacteristically vicious towards Laura, sending their relationship into dark, unfamiliar territory. Amidst this rising turmoil, the ocean remains a source of serenity, with the rhythmic breaking of waves and joyous cries of seagulls serving as an abiding reminder that life is worth living even when we go astray and need help finding our way back home.

<http://www.marymartin.com/web?pid=824689>

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Zoo / Charles Ndegwa Chanchori  
Kenya: Charles Chanchori, 2019  
234p.  
9789966804310  
\$ 35.00 / PB  
304gm.

After being sent to a Catholic boarding in 1998, eight-year-old Safari must navigate through the skin-hardening life there under the gaze of a tough priest, with the support of an abusive older brother and a ragtag group of friends.

<http://www.marymartin.com/web?pid=824690>

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The Beads of Slavery / Karanja M. Lilian

Nairobi: Worldtech Smart Solutions Publishers, 2022  
vi, 176p.  
9966739971 ; 9789966198143  
\$ 20.00 / PB  
232gm.

The Beads of Slavery is a fiction story about twins who were separated at birth grew up in different societies with diverse culture, their destiny of uniting two communities had them fall in love with the same man. Find out more as you turn over the pages

<http://www.marymartin.com/web?pid=824691>

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Bachelorette Diaries : Musings of a Bachelorette : Novella / Elove Poetry  
Nakuru: Mystery Publishers (K) Ltd., 2015  
164p.  
9789966103697  
\$ 22.00 / PB  
192gm.

Shiri Golan is smart, intelligent, and successful—top media girl, and owner of Golan Technologies that’s hired to develop stealth software for the Kenya Defense Forces fighter jets—but she isn’t as smart when she falls in love with a Catholic priest and skeletons crawl out of her perfect man’s closet hauling with them betrayal, a dark past, and deadly secrets.

Hurt, betrayed, and vengeful, Shiri finds herself caught between forgiveness and justice and fighting her father’s secret Jewish movement that aims to establish a New World Order and control the whole world.

<http://www.marymartin.com/web?pid=824692>

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Beyond : A New Sci-Fi Epic : A Novel / David Njoroge  
Nakuru: Mystery Publishers (K) Ltd., 2022  
324p.  
9789914995350  
\$ 35.00 / PB  
388gm.

Maxwell Barasa was born an ordinary child, but a series of events see him gain unfathomable power in his infancy. No one, including his father, who is the main

reason Max is a metahuman, knows Max's secret except Fredrick, Max's childhood friend.

Afraid the world would be terrified of his other self, he decided to live his life as an introvert with a close-knit circle of friends.

But ...

... when you are the link to the most powerful weapon in existence, making yourself small is impossible, especially when two of the most powerful alien civilisations are after you.

A new Sci-Fi epic of aliens all focused on Earth for a weapon only one man can lead them to.

<http://www.marymartin.com/web?pid=824693>

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The Campus Exile / Collins Sakwah Ongoma (Eds) Ian Sitati & Magoma Nyanchonga Ivy

Kenya: Collins Sakwah Ongoma, 2019

320p.

9966035189

\$ 25.00 / PB

362gm.

When Alvin and Elena joins the university of Nairobi, they quickly learn that life in the university is a far cry from the fantasy that was lodged in their minds as teenage high-schoolers. Their life from the moment they stepped in the school was a hustle, a real boot camp.

Danger, despair, euphoria, and sometimes death all lurked within the walls of the campus. Drawn fictitiously around the University of Nairobi, The Campus Exile is a story reflecting the lives of a Kenyan campus student.

It spares nothing while taking the reader inside the world of drug addiction, drug peddling, crime, sex, prostitution and the illegal art of dodging the campus financial wretchedness.

<http://www.marymartin.com/web?pid=824694>

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Man About Town / Silas Nyanchwani

Nairobi: Gram Books, 2022

280p.

9789914741315

\$ 30.00 / PB

338gm.

Wicked,

In and out, honest, annoyingly funny and sad, Man About Town is a mirror for Nairobians to look at themselves and Nyanchwani doubts if many will like what they see. But does he care? Yes, he cares and that is why he wants this book to be strictly for his fans, and people familiar with his writing. Treat this book as barroom banter with him after the fifth beer.

<http://www.marymartin.com/web?pid=824695>

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Wema : The Novel / Wamugi Gichuri

Kenya: Wamugi Gichuri, 2021

x, 190p.

9789914403800

\$ 27.00 / PB

274gm.

Wema is the debut novel by Wamugi Gichuri, a budding Kenyan Author. The novel aims to shed some light on the vices that society is shy to talk about, such as prostitution, teenage pregnancy, poverty, crime, and dysfunctional families.

<http://www.marymartin.com/web?pid=824696>

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No Humans Allowed / Charles Chanchori

Kangema: Charles Chanchori, 2021

218p.

9789914406276

\$ 30.00 / PB

286gm.

Beaten by life, three people now consider themselves non-humans in the society. For a new lease on life, they are asked for a dangerous favour by a stranger.

<http://www.marymartin.com/web?pid=824697>

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The Midnight Sun / J. B. Omukangala

Kenya: African Ink Publishers, 2021

vi, 144p.

9789914993547

\$ 22.00 / PB

204gm.

This is a riveting story of a lady who conceived while in the city before becoming a single mother upcountry. It highlights the plight of single motherhood.

<http://www.marymartin.com/web?pid=824698>

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Veiled Heart : A Novel / Debby Jenn Onduru

Nairobi: Arch Publishers, 2022

194p.

9789914749557

\$ 25.00 / PB

256gm.

This story is about a soldier who comes home for a short leave then ends up becoming a father to a little girl whose mother dies in the hospital during her birth after she finds herself at the soldiers door step injured and heavily pregnant. He doesn't know who the woman is, how she ended up on his door, no identity on her.

He has to take care of the infant. He quits his job as a soldier and makes a lot of sacrifices along the way but when the little girl octavia grows up, its not rainbows and unicorns as the relationship between her and her father is threatened after she is fed false information about her mother and what happened to her.

<http://www.marymartin.com/web?pid=824699>

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The Shadow of a Bullet : Face to Face with the Rainbow Colours of Terrorism / Douglas Logedi

Kenya: Douglas Logedi, 2021

238p.

97899144025 ; 9789914402025

\$ 30.00 / PB

272gm.

A sequel to Chasing a Bullet.

A government that desperately tries to stop terrorism in means so known to the problem that the government becomes its own downfall. A story full of desperation, infiltration, betrayal, strategy, and wit.

<http://www.marymartin.com/web?pid=824701>

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When the Whirlwind Passes / Alexander Nderitu

2<sup>nd</sup> Edition

Kenya: Alexander Nderitu, 2016

192p.

9789914707793

\$ 25.00 / PB

240gm.

A ghetto princess' encounter with a rich young heir leads to a suspenseful murder mystery.

Maggie Njeri's encounter with Michael Othaya, the young heir to a multi-billion-shilling fashion empire, marked the beginning of a cataclysmic cycle of events that would involve sex, manipulation, conspiracy...and first-degree murder.

To be sure, the Sultans of Fashion had had their fair share of scandals and intrigues in the past. Overly ambitious and genetically predisposed towards greed, the rich and famous Othayas were no strangers to controversy. But it wasn't until Michael and Maggie – a ghetto princess – started romancing that the feuding family's civil war reached its climax...

Easily digested and written with a handle on humour, When the Whirlwind Passes is doubtless one of the best crime novels to ever come out of Africa.

<http://www.marymartin.com/web?pid=824705>

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The Moon Also Sets / Osi Ogbu

Nairobi: East African Educational Publishers Ltd, 2002 (Impression 2021)

296p.

9789966251510

EAEP Peak Library Series

\$ 20.00 PB

286g.

A story set in a fictional Nigerian village and university environment. Oby struggles to lead a full life in a modern but ever male-dominated world. First she must contend with rejection from the university although she is better qualified than many of her peers.

Then she must face the conflicting demands of education and her career, and her relationship with Chike with whom she pursues a modern and open sexual relationship, but in a society which is still in many ways conservative.

She must then deal with the consequences for her future of becoming pregnant. Osi Ogbu is a Nigerian, at present living and writing in Nairobi.



<http://www.marymartin.com/web?pid=824709>

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Finding Eden : A Novel / Mark Bichachi

Kenya: Mark Bichachi, 2020

vi, 777p.

9789914701296

\$ 25.00 / PB

220gm.

A man caught between true love, fate and the modern african dating scene. A tense battle between his sexuality, his religion and the expectations of society.

A romantic tale like no other, that keeps you glued on the edge of your seat as you follow the story through dates, flings, marriage, infidelity and trips across the globe.

<http://www.marymartin.com/web?pid=824710>

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The Leaves of May / Muthoni Maina

Kenya: Prose Publishing, 2022

204p.

9789914748369

\$ 25.00 / PB

244gm.

Three women, three generations, inexorably linked and the man at the centre of it all ...

May. Seeking to reunite with her father after her recent engagement, May reaches out to her grandmother, but as she begins to confront her past, her future begins changing shape around her.

Lili. Despite others quickly labelling her as a divorcee and single mother, she strides forward, firmly believing there is life after divorce. But she knows that she is simply a woman and a mother to her daughter.

Sheche. After many attempts to forget her painful history, even in her old age, the memories still echo in her thoughts. After years past, a secret she has been keeping begins to demand her attention. Her son can never find out the truth. Never.

<http://www.marymartin.com/web?pid=824711>

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Wanjira and her Hitlers / Peter Amuka

Bungoma: Intercen Books Publishing Company, 2021

ii, 108gm.

9789914993974

\$ 20.00 / PB  
152gm.

Wanjira and her Hilters is a narrative of the life and times of a female victim of male aggressiveness. She is frustrated with the male species of humankind and this peaks when a self-obsessed lecturer beguiles her with milk-like alcohol and deflowers her in the stupor of her drunkenness.

She eventually forgoes a postgraduate scholarship owing to sexual harassment by her prospective tutors. Rather than wallow in the miasma of moral rot in society, she vows to emulate her celibate mentor. When the story is over, and despite her ambivalent attitude to corruption, she declares that she must live her own life away from masculine hitlerism.

<http://www.marymartin.com/web?pid=824712>

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Spruce Avenue / Mutendei Writes (Elias H.M Nabutete)

Kenya: MAKN Productions, 2018

x, 304p.

9780991808977

\$ 30.00 / PB

354gm.

In Spruce Avenue, crime crosses generations, connected by seemingly random events that rupture the stability of a town's history and future simultaneously. Sergeant Drake, as a law officer and troubled family man, must act to ensure peace and order, while in direct conflict with the present and sins of his past.

Sins that have spawned a brand new generation of troublemakers fostering an unexpected rise in local crime, manifested by the actions of a dangerous trio that he has both unknown and unresolved connections to.

As he acts on the new infestation of criminality, a darkness in the sheen of town's society, a decades old lie, created by hate and many juvenile mistakes at the centre of a tragic societal and familial upheaval, threatens to unravel everything he has worked for and plunge Spruce Avenue back into the trauma of its almost forgotten, long ago dark days where crime ran rampant.

<http://www.marymartin.com/web?pid=824713>

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Cocktail from the Savannah / Ciku Kimani-Mwaniki

Kenya: Ciku Kimani-Mwaniki, 2020

352p.

9789914706130

\$ 25.00 / PB  
385gm.

Story of Masikonde, a Maasai moran living large in the city, a ladies' man who loves his wife, Sinta, yet can't stay faithful. He falls in love, again, with an unlikely candidate, Terian.

Are his philanderer tendencies from cultural conditioning, or is he just an unfaithful man using culture as an excuse?

<http://www.marymartin.com/web?pid=824714>

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The Unbirthed Souls / Eunniah Mbabazi

Kenya: Eunniah Mbabazi, 2022

180p.

9789914749083

\$ 25.00 / PB

188gm.

The Unbirthed Souls is a collection of eight short stories, clouded in grief, loss, pain, despair, hope, and sadness.

<http://www.marymartin.com/web?pid=824715>

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Broken Hedges : A Novel / Joseph Kang'ule M'Mwirichia

Nakuru: Mystery Publishers (K) Ltd., 2021

218p.

9789966955180

\$ 30.00 / PB

238gm.

Forever trailed by the spiders, political activist Kamirangi Mwenda has dedicated himself to fighting the locusts—the people behind the corrupt and oppressive government—a fight for the second liberation of Kenya,

His father, the veteran Mau Mau General Baikioo, is a bitter man: wallowing in poverty, not honored as the hero he is, and false promises by the government; the sacrifices he made for the liberation of the country are nothing ... and his son is walking the same path.

As the locusts threaten to wring the country dry, the past grapples with the present, pulling apart father and son, forcing them to realize that the cost of true freedom might be far too high.

<http://www.marymartin.com/web?pid=824716>

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A Life of Scene / Charles Chanchori  
Kangema: Charles Chanchori, 2021  
102p.  
9789914400908  
\$ 20.00 / PB  
126gm.

After his family seemingly vanishes into thin air, Barasa must embark on a mind bending, sometimes violent and soul crashing journey to get them back.  
<http://www.marymartin.com/web?pid=824717>

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I Am Become Death / Charles Chanchori  
Kangema: Charles Chanchori, 2021  
96p.  
9789914412628  
\$ 20.00 / PB  
112gm.

After Death dies, in order to determine who'll occupy the throne, his three children must embark on a ruthless mission to weed out a threat in Nairobi.  
<http://www.marymartin.com/web?pid=824718>

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Carnivore Mountain / Charles Chanchori  
Kangema: Charles Chanchori, 2021  
74p.  
9789914401776  
\$ 20.00 / PB  
86gm.

Tuli blames his older brother Jabali for a mistake in the past that led to tragic consequences. Jabali is tired of shouldering the blame. Armed with this sibling rivalry, the brothers get lost in Carnivore Mountain where they must put their differences aside if they can even begin to hope to find their way to safety.  
<http://www.marymartin.com/web?pid=824719>

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The Last Pillar of Ramogi / Ben O. Okech  
Kenya: African Ink Publishers, 2020

iv, 92p.  
979867407303 ; 9789914985931  
\$ 22.00 / PB  
110gm.

Tells the fascinating tale of the Luo legend Lwanda Magere like it has never been told before. Exceptional read for those lovers of African literature.

<http://www.marymartin.com/web?pid=824720>

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Whisper in the Jungle / Robert Mwangi  
Nairobi: Storymoja Africa, 2019  
214p.  
9789966622297  
\$ 20.00 / PB  
200gm.

Whisper in the Jungle is a coming to America story of an African boy who receives a soccer scholarship to go to America, but right before he goes to America, his girlfriend disappears into the jungle.

James has been awarded a soccer scholarship to go to America and he becomes the envy of his village. His girlfriend Janny is however skeptical of what a long-distance relationship can do to love.

But when Janny is kidnapped by unknown creatures, James plunges into the mysterious forest at the risk of his life and his American dream to find Janny. Love transcends all.

<http://www.marymartin.com/web?pid=824721>

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With Eyes Wide Open : A Novel / Erick B. Gichuru  
Kenya: the Locco Publishers, 2021  
ii, 274p.  
9789914404555  
\$ 30.00 / PB  
286gm.

With Eyes Wide Open Novel is about us. We all have a dark side! At some point in our lives, we've done or said something that we are truly ashamed of. For some of us, our forefathers are still turning in their graves. They say we become different versions of ourselves before we become who we truly are.

Set in the heart of Africa and inspired by life itself, the author vividly captures the messy human experience that might hit too close to home.

A harmless guilty pleasure! That's what Natela, the clergyman's daughter, convinced herself Ruchio is. She wouldn't have met this vicious politician were it not for her friend whose murder still haunts her. Having strayed from her 'upright upbringing,' Natela's religious folks disowned her. Being a lone naive black sheep in a sea of wolves, her life slips down a path she would have never imagined. Years later, thanks to Ruchio, she discovers that not everyone in her family is the saint they pretend to be. Armed with this dirty secret, she is ready to set their world ablaze.

<http://www.marymartin.com/web?pid=824722>

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Dawn of Fortune : A Novel / Wanjiru M. Thuku (Ed) Alex Nderitu

Kenya: Wanjiru M. Thuku, 2022

156p.

9789914409703

\$ 25.00 / PB

186gm.

Dawn of Fortune is largely a journal in the romance niche. It journeys the reader through the life of the lead character Ami. From the onset, it highlights the impeding nature of forced marriages in most African cultures. Most of which openly undermine the girl child in terms of education and expression. Does our lead character Ami bow down to the pressure?

It also lays emphasis on the imperfections of love, what would seemingly look like a beautiful thing to experience.

We see the lead character falling in love and getting hurt by it. Ideally, this journal explores real life experiences and brings them all together explosively. What would, otherwise, leave the reader glued and in suspense to no end. The journal being thought provoking, gripping and a real page-turner beautifully captures the reader's attention and creativity makes them adopt a role

<http://www.marymartin.com/web?pid=824723>

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Maua / Grace Kagema

Nairobi: Daraja-Dayanka Publishers Limited, 2021

256p.

9789914406894

\$ 35.00 / PB

242gm.

Maua The Novel is an epic story of a young ambitious man who yearns to break the chains that hold him back from achieving a life he had only dreamt of. Amid misfortunes and with nothing to his name, Karani, must step up and feed his hunger for success. But can he do it? How much inner strength will he need to overcome the challenges ahead? What choices will he face? Will he emerge a winner?

This story is written in English. The setting is in Africa where the reader travels through a maze of hope, tragedy, traditions, modernity, resilience and love through the protagonist eye.

<http://www.marymartin.com/web?pid=824724>

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Torn Between / J. B. Omukangala  
Kenya: African Ink Publishers, 2021  
vi, 170p.  
9798712150199  
\$ 24.00 / PB  
184gm.

Torn Between is a captivating novel. It explores the Luhya, Maasai and Meru cultures, all knitted into a love story where one young man is finding it hard to choose between two beautiful ladies.

<http://www.marymartin.com/web?pid=824725>

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Secrets / Aimee Katei  
Nairobi: Aura Publishers, 2020  
x, 318p.  
9789914701692  
\$ 30.00 / PB  
300gm.

SECRETS is a fiction novel written by a young Kenyan fiction writer, Aimee Katei. It tells a story of small town with dark Secrets.

What is the mystery behind lost families? Everything is on move and so is everyone. Sophie walks home one evening to find her family missing. she is on a mission to trace them. obsessed by the fear of compromise by police, she decides to do it in her own way. Being a tactful combatant, she singlehandedly plans her moves leaving no loopholes or tracks. Everything has its wonders, and even darkness and silence. Watch with glimmering eyes the world around her. Will she live to see her expectations come true?

<http://www.marymartin.com/web?pid=824726>

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Different Colours : A Novel / Ng'ang'a Mbugua  
Nairobi: Big Books Ltd, 2011 (Reprint 2014)  
272p.  
978996674221  
\$ 22.00 / PB  
220gm.

This is a multi-layered story of love set in a society that is wracked by ethnic tensions and mistrust. But it also a metaphor of our time, digging into the big debates of the day: From the use of social media to mobilise for change to the need for social harmony, national healing and justice. Arguably Ng'ang'a Mbugua's most sophisticated work yet, this story traces the fortunes of Miguel, an artist on the path of self-discovery in a society that is trying to come to terms with the diversity of the identities of its people. Will Miguel find love and acceptance in his country and in the global village?

Will he fulfill his potential? Will he make a meaningful social contribution to the society that he has chosen to adopt? Is he an agent bent on upsetting the apple cart by unearthing unpleasant secrets or is he only interested in opening the eyes of a society that has been plagued by ignorance, exploitation and deceit?

<http://www.marymartin.com/web?pid=824727>

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Shoreline Evolution / Jacob Aliet  
Nairobi: Ndiko Aliet (Jacob Aliet), 2021  
542p.  
9798671459937  
\$ 35.00 / PB  
380gm.

Convinced to go take part in research that will advance scientific knowledge on survival and evolution, Nyarnam travels to the US, where a multi-disciplinary group of experts examine her unique anatomical features at a prestigious university. The trip turns out to be more than she bargained for. Major competing forces are interested in studying her, and they go to extreme lengths to capture her. She finds herself in a war that has nothing to do with her, separated from her family and fighting for her very life.



Amid the turmoil, wounded, lost and broken, Nyarnam discovers capabilities embedded in her DNA that she had not been aware of. However, her biological capabilities may not be enough to save herself and return to her beloved home.

<http://www.marymartin.com/web?pid=824728>

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Femme Fatale / Ebuka Henry & Faith Chelangat (Ed) Rose Adhiambio  
Nairobi: Royallite Publishers, 2021

72p.

9798771657127

\$ 12.00/ PB

44gm.

For lovers of romance books, this book is definitely for you.

She wanted to heal people like her family doctor, but she ended up healing people only differently.

Find out how her her dream unfolded.

<http://www.marymartin.com/web?pid=824729>

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### **Politics/Current Affairs**

They Were Us : Stories of Victims and Survivors of Police Brutality in Kenya  
Kenya: Mothers of Victims and Survivors Network, 2021

66p.

9780983545422

\$ 55.00/ PB

336gm.

They Were Us is a documentary project that reveals the systemic causes of extrajudicial executions through the stories of those most impacted by Kenya's informal policy of state-sanctioned violence in the name of safety. In these cases, police officers are simply an extension of security policies crafted by the political elite, policies that essentially make poverty itself a crime.

Police might be the ones pulling the trigger, but popular narratives of security legitimize 'shoot-to-kill' policing. Instead of protecting fundamental human rights, policing is imagined as an urgent response to the need to "stabilize," "control," and "eliminate."

Benna Buluma, MVSN Convener, arranged interviews with other people who have lost loved ones from police brutality. Wyban Kanyi interviewed them, translated and edited their conversations. Photographs taken by Betty Press.

<http://www.marymartin.com/web?pid=824730>

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### **Religion - Christianity**

The Real You : Unpacking You / Angie Murenga (Ed) Josephine Ngatia  
Nairobi: WordPower Publishing Kenya, 2021

168p.

9789914704020

\$ 30.00 / HB

332gm.

We spend much of our lives chasing our dreams and busy with the rat race thinking we are living meaningful lives, but in reality, we are not. What we have overlooked is the fact that God created each of us for more than we are experiencing, and we need to align with His original plan for us.

The Real You is an eye-opening book, which aims to show you how to align with who God created you to be and His purpose for your life. The real you is made up of and expressed through eight aspects of your life – spirit, soul, body, social, financial, professional, leadership, and geographical.

The Real You is a book that will bring strategic alignment to your life by showing you the importance of developing an intimate relationship with God.

Learn how to live as the Real You and deliver value to the world in a way that is unique to you.

<http://www.marymartin.com/web?pid=824731>

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### **Sociology/Culture Studies**

Unmasking the Wounds Within : The Ghosts of Childhood Traumas in Adulthood /  
Jane Wanjao

Nairobi: Neno Publishers, 2022

104p.

9789914997910

\$ 25.00 / PB

124gm.

Unmasking the Wounds within is about childhood traumas and how they impact in adult life. Survivors struggle with negative emotions like feelings of inadequacy, bitterness, anger and resentment.

Unresolved trauma is unfortunately projected on innocent people, mostly spouses and children. Marriages break down due to unresolved childhood traumas.

There is need therefore to do self awareness, seek help from counselors so that we can arrest this intergenerational pattern of pain.

<http://www.marymartin.com/web?pid=824732>

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No Girl is Limited : Girl of my dreams is curious. She asks questions. She is critical thinker! / Peter Mbutia

Kenya: Peter Mbutia, 2022

142p.

9789914748024

\$ 25.00 / PB

174gm.

This book is dedicated to the girl child. The two main characters are the dad and his daughter, where the dad is encouraging her to be a curious person, to be a critical thinker, and to ask questions with the view of gaining knowledge and elevating her self-esteem and confidence and therefore setting herself upon an exciting process of self – empowerment. In a society where the girl child faces ever-increasing challenges, she requires mentors who will walk with her as she is growing up. The girl needs to be affirmed that she is equally competitive and that her dreams are as valid as for those of everyone else. The first and most important line of mentoring should be her parents, especially her dad, who should be fully present and fully engaged in her life. Important lessons for how a girl will relate to the opposite gender are learned from her dad. If her dad treats her well, she will feel secure and confident. This book is relevant for the boy child as well, but the author intends to pay special attention to the girl child.

<http://www.marymartin.com/web?pid=824733>

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Unplugged : Thing Our Fathers did not Tell Us / Jacob Aliet

Nairobi: Ndiko Aliet (Jacob Aliet), 2022

326p.

9798486942273

\$ 30.00 / PB

400gm.

As children, we learnt from Disney that if you treat her like a queen, she will treat you like a King. We were also taught that a man should go on one knee while proposing to a woman because women are the prize. We were also taught that we should listen to our wives and be gentlemen because women like nice boys they can trust and not bad boys who weren't faithful. Men have tested these ideas, and thousands of men have lived to share their experiences and results. This book consolidates what men have learnt about intergender dynamics: what works and what does not work.

Today, marriage rates are declining. Forty per cent of single black women in the US are single mothers who prioritize getting babies over getting in a stable long-term commitment, aka marriage. Why do many young girls today prefer becoming side chicks to high-value men rather than settling in marriage with an average man? In 2019, the American Psychological Association labelled traditional masculinity as harmful. But if so, why are women striving to be like men? What is the impact of masculine females on relationships? Why are women being told to "act like a lady and think like a man" if masculinity is harmful?

What attracts women to men, and how can men maintain that attachment? In the age of social media, where women get free attention and validation from hundreds of men, how do men in long term relationships deal with partners who feel they have so many options?

Women file for divorce 70-80% of the time in the western world. How can men navigate marriage with modern women incentivized to divorce by divorce laws? Why did the Greeks equate the feminine with chaos, represented as the goddess Pandora? Why are most oracles in epics female, and why did God tell Adam that his first sin was listening to Eve?

On average, men's handgrip strength, testosterone levels, and overall masculinity is declining, while women's enrolment rates in universities have outstripped those of men. Among trans adults, the majority are men who say they were born female. Why? Why is masculinity on the decline?

In 2021, before a whole school assembly at Brauer College in Victoria, Australia, the male students were all told to stand up, turn to a girl in their class and say sorry. Yet they had done nothing wrong. Based on Census Bureau historical data and Morgan Stanley forecasts, 45% of prime working-age women (ages 25-44) will be single by 2030—the largest share in history—up from 41% in 2018.

This book traces the origin of the steady decline of the man's role in the family. It also seeks to help men understand female nature, revitalize masculinity and build full-stack men who can navigate relationships while providing leadership in an increasingly gynocentric world that has largely silenced men. This book will plug you from comforting lies to cold hard truths.

<http://www.marymartin.com/web?pid=824734>

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Evolve : Reset. Realign. Reinvent / Mary Njuguna

Nairobi: Mary Njuguna, 2022

viii, 112p.

9789914705683

\$ 22.00 / PB

92gm.

‘Evolve’ is a short and perhaps simplified book on transitions. Navigating the waters of change may be a daunting task. The hallway in between needs to be managed to enable us to evolve to higher versions of ourselves. This involves a conscious mind and taking actions that leads to growth. Evolve aims at unveiling wins hidden in various challenges that, if explored, reveals hidden treasures that require a willingness to change and grow. We have specific talents, skills, and abilities that, if explored, will help us evolve. Unveiled from authentic life experiences, evolve seeks to help uncover the victories hidden in various challenges that, if explored, helps us handle transitions gracefully.

<http://www.marymartin.com/web?pid=824735>

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## **Sports**

Away From Victory : Pain, Politics and Privilege in Kenyan Football / Zachary Oguda

Nairobi: Zachary Oguda, 2019

200p.

9789966131515

\$ 30.00 / PB

178gm.

Away from Victory is a masterpiece that talks about the problems that has faced Kenyan football over the years. From journalist, incompetent leaders and the normal fan.

Away from victory draws its title from how long the Kenyan national football team, Harambee stars has been faring dismally at the continental stage. But the book is about more football events and stories.

This book covers the intrigues in and about the beautiful game that have hitherto been limited to the boardrooms at FKF and the Kenya Premier League. If you want

to find out why coaches of the National side pick certain players and not others for national duty, this book is for you.

If you have been wondering why some players are older in real life than in the football pitch, you need to read this book. If you need to understand the intrigues behind the management of the Kenya Premier League, why some clubs feel like certain regulations have been designed to lock them out of business, *Away from Victory* was written for you.

<http://www.marymartin.com/web?pid=824736>

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